Sue got involved with volunteering through attending a face-to-face student meet-up in her area. Since then, she has undertaken a variety of roles and was one of our first STUDIO Hosts. Sue was awarded an Honorary Life Membership in recognition of her contribution to the Association.

Sue describes her experience of volunteering with the Association as 'life-saving', 'helped beat isolation', and 'helped in my personal development'!

The kind of skills Sue associates most closely with volunteering are listening skills, being able to signpost students to information, and encouraging fellow students to get more involved in their student community.

A key highlight for Sue has been to see fellow students develop and "flourish in their own volunteering journey with the Association". To students considering volunteering, Sue says: "Give it a try - because everybody has got something to offer!"

"I think throughout my whole journey, from the beginning, I had support both in fellow students I've met, students who volunteer, the staff in the Students Association office, and the OU itself."

- Sue