Volunteering Recognition event 2017

(Background noise)

Malika Hi guys this is George.

George Hello.

Malika And obviously I am Malika. We are your OU student Radio hosts live from the celebration in Milton Keynes. Having a bit of a lovely time aint we George? What do you think?

George We are having a great time, yeah. We have seen some really interesting talks from some great speakers today and for me it has been a really go event. Been really interesting.

Malika Yeah, quite exciting.

George Met a lot of other OU students, so it has been really good for networking and meeting other people. Yeah really good fun.

Malika Yeah we are having a great day aren’t we. And as you can see around us, this is the venue for tonight everyone. Obviously we are going to have dinner here, yeah, later. Lucky us. We feel like a VIP.

George (Laughs)

Malika I feel like a VIP

George well, we are VIPs

Malika And I. Yeah we are quite. Yeah, it is a perk of being a host, isn’t it?

George (Laughs)

Malika There you go, I am going to get the sack now.

George (Laughs)

Malika But we are having a brilliant day, as you can see, this is an event we want to share with you. I just wish you were her really to see what it is like for yourself really. And this is the whole point of us talking to you right now from home, you can watch us, you can see what we are doing.

We had amazing workshops as you said. I attended the equality one which was fantastic. Wellbeing, we talked about that last night on the radio show, didn’t we?

George Yes.
Malika: And obviously, we would like people to listen to that, that radio show, because I think it was pretty ace. What do you think?

George: It was good yeah. It’s available on YouTube and on the website and on Facebook. So we did a radio show last night, me, Malika and Michael and …

Malika: And Sue.

George: Sue.

Malika: We could do it without sue. She is amazing.

George: We couldn’t have done it without Sue, she was great.

Malika: No, she great. And without the great people here, the technical staff helping us, putting it on for you. Obviously the lovely Heather filming us now. Hello Heather. She is waving back, you can’t see her but she is. And it is like feeling like a big family really. A big part of something, don’t you think?

George: Yeah

Malika: It’s just an amazing vibe being up here celebrating volunteering, celebrating what we all about as OU students, and a, and just having that chance to network, to talk.

George: Absolutely

Malika: And I do a lot of talking don’t I?


(off camera) George: What do you say to any volunteers that couldn’t make it today, but are watching from home?

George: I would say, it’s a shame you couldn’t make it because it was a really good event, but there’s lots of opportunities to watch things online and participate online. So, yeah, participate as much can. But if you can make it to the next event I would recommend it. I enjoyed today.

Malika: Yes.

George: And the radio show last night, but umm. What was your highlight of today, what was your highlight of the weekend?

Malika: Oh…many, including a bit of, a lot of chats and a lot of giggles with the OU students. Obviously on the bus, you weren’t upstairs, no you drove.

George: No, I was on the bus.

Malika: We were in the bus. I’ve got to share…

George: What that was the highlight?

Malika: I’ve got to share that highlight. Only because we were on the double decker bus, from the hotel.

George: Oh no!

Malika: Yeah, and the riff-raff, as we call ourselves, we sat…
George Was it like a school bus?
Malika It was a bit like that. (Laugh) Double decker, riff-raff sat upstairs with top deck and we felt, this is it, we got this. And of course the bus driver, hope he’s not going to watch this else he going to hate me, he drove around in circles on the campus and every time he drove around the trees were being hit on the way so we like ducking, but it gave us a big laugh really. But apart from that highlights have been many really. Meeting people, talking to people. And what about you?
George Yeah, I enjoyed the networking and meeting other students. Also really enjoyed the careers, there was a careers talk about, about LinkedIn, which I am quite, which I don’t know much about, so that was really interesting. And the talk about diversity and inclusion that we both saw, the last one.
Malika Yeah.
George That was really interesting.
Malika What did you find interesting, apart the fact I talked so much, in that one?
George I liked the bit about his, well he really made you think about what is inclusion. You know,
Malika Yeah
George We all think I am not racist and, you know, it’s all very simple, but actually there is a lot more to it, and there is a lot of unconscious bias that happens
Malika Yeah
George So that was really interesting to highlight that and to explore that
Malika Yeah
George And the power of language as well. He discussed about, you know, rhetoric and how it’s a slippery slope from saying words and that can lead to discrimination quite quickly. So, it was all really fascinating.
Malika Yeah, fascinating stuff going on there and the wellbeing, you didn’t come to that, well I can share that bit with you very quickly, if Heather will allow me. On wellbeing we talked about how we look after ourselves and we expressed our feelings when we feel stressed and how does it present itself, and I think, I think it does question, you know it does question a lot of things that we do in our daily lives and perhaps one of the students shared how she felt, how others can actually place that stress on to her. And I felt that was powerful because that’s probably something that I do when I said last night, on the host, on the show, as a host that I can snap during TMA time. I’ve got some work to do myself on that one.
George So you learnt something.
Malika I did indeed.
George That’s good.
Malika  But the powerful thing, we had an apple tree and we had to, I wish I had my bag here, because I picked one up to show other places. And we wrote down 5 things that make feel good about ourselves on it and everyone went and hung these apples on that tree symbolically. And then the two speakers went and read a few things, and there was really nice, nice stuff being shared. People talked about watching birds in the garden, amazing stuff to actually get to relax and to, feel good. You know, reading, you know, what else? Loads of stuff that we can do. So yeah. These are...

George  So come along next volunteer event and do come.

Malika  Yes.

George  We both recommend it.

Malika  So we are going to sign out now everybody. So, this is us live from the campus. Your team, your OU radio hosts signing out. Take care. Bye.