

Dress retro: entry 1

Recently, it became clear to me that my wardrobe is completely disorganised, with the only system in place is that of “just chuck it anywhere it’ll be fine”.

So, this week I decided to get started with sorting this out, and I started with my trousers/bottoms.



After about an hour of sorting and trying on, I found 9 pairs of trousers and 1 skirt that fit me and I plan to keep.

This includes:

- 2 pairs of jeans
- 3 pairs of corduroy trousers
- 2 pairs of summer linen trousers
- 2 pairs of smart trousers
- 1 formal skirt



I found three pairs of trousers which no longer fit me. I have had these for about 8 years each, so I did get a good amount of time out of them. This makes me feel better about having to get rid of them and I will donate them to a charity shop or give away to someone else.

I was surprised at the amount of trousers/bottoms that I own. I even found items that I haven't seen in years because they were hidden at the back of my wardrobe!

Starting this challenge has shown me the importance of going through your wardrobe regularly because doing this so far has prevented me from just taking the easy route and buying more clothes that I didn't need.

Dress retro: entry 2

This week, I continued with my wardrobe clear-out/reorganisation, focusing on my jumpers, hoodies, fleeces, t-shirts and jackets. While I only have a handful of trousers, I do not lack tops in my wardrobe. The priority here was not to figure out what to get rid of (yet), but rather to complete an audit of what I have.

I was shocked by how many items I own!

In total I own:

- 17 tops including long sleeves and short sleeves.
- 6 Fleeces
- 6 hoodies
- 10 Jumpers
- 7 jackets

As you can see, completing this next step of decluttering my wardrobe has laid bare how many great items I own and will be able to mix and match with the bottoms I have. I have far more than I thought I did, which goes to show that until you can physically see the contents of your wardrobe, you never know what you have. In the past, this has caused me to buy items that I didn't need.

So, if you're unsure whether to buy new items, I encourage you to physically take out all that you own to make sure you don't have one (or in my case multiple) of the same or similar items. Not only will you engage less in fast fashion, you could also save yourself some money.



Dress retro: entry 3

Styling the oldest item I own.

A few years ago, when my mum was doing a clear out, she found a pair of trousers that she wore when she was in her 20s. She asked me if I wanted them and I tried them on, immediately falling in love.



It took me a while to figure out how to style them but one day, I was doing a clear out of my own and found an old purple fleece and decided to wear this with them to see what it looked like. It may not be everyone's cup of tea but I love how it looks together!



I also usually pair this outfit with a pair of my white converse.

This goes to show that you never know what you have until you look. A little imagination can help you create a unique outfit that will make you stand out from the crowd without breaking the bank or contributing to fast fashion!

Dress retro: entry 4

Styling my new charity shop shorts!

Admittedly, I don't visit my local charity shop enough, so I decided to take a trip into town to see what I could find.

I wasn't in the shop for long when I spotted a pair of blue denim patterned shorts and fell in love with them immediately; buying them for £4!



When I got home, I set about creating an outfit with them. I decided to pair them with my old brown suede jacket, a white t-shirt and white converse.

So, the next time you're looking for a new outfit, visit your local charity shop to see what you can find.



Dress retro: entry 5

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